

THE HEART OF PRAJNA PARAMITA SUTRA

(The Heart of *Prajna Paramita* Sutra)

Bodhisattva *Avalokitesvara*, while deeply immersed in *Prajna Paramita*, clearly perceived the empty nature of the five *skandas*, and transcended all suffering.

Sariputra! Form is not different from emptiness,

And emptiness is not different from form.

Form is emptiness, and emptiness is form.

So it is with feeling, conceptions, mental formations, and consciousness.

Sariputra! All dharmas are empty in character;

Neither arising nor ceasing,

Neither impure nor pure,

Neither increasing nor decreasing.

Therefore, in emptiness, there is no form;

There is no feeling, conception, volition, and consciousness;

No eye, ear, nose, tongue, body, and mind;

No form, sound, smell taste, touch, and dharmas;

No realm of vision, and so forth,

Up to no realm of mind-consciousness;

No ignorance and no ending of ignorance, and so forth,

Up to no aging and death and no ending of aging and death.

There is no suffering, no cause, no extinction, no path.

There is no wisdom and no attainment.

There is nothing to be attained.

By way of *Prajna Paramita*,
The bodhisattva's mind is free from hindrances.
With no hindrances, there is no fear;
Freed from all distortion and delusion,
Ultimate nirvana is reached.

By way of *Prajna paramita*,
Buddhas of the past, present, and future,
Attain the supreme enlightenment.

Therefore, *Prajna Paramita*,
Is the great powerful mantra,
The great enlightening mantra,
The supreme and peerless mantra.
It can remove all suffering.
This is the truth beyond all doubt.

And the *Prajna Paramita* mantra is spoken thus:
Gate gate paragate parasamgate bodhi svaha.